



Week Days Schedule of the Dehradun Hills Academy Boarding

Time	Event
05:30 a.m.	Wake up call
05:45 a.m. - 06:20 a.m.	Wash and change
06:20 a.m. - 06:40 a.m.	Morning activity
06:40 a.m. - 08:00 a.m.	Change & shower
08:00 a.m. - 08:30 a.m.	Breakfast
08:30 a.m. - 13:30 p.m.	School
13:35 p.m. - 14:30 p.m.	Lunch + Changing Uniform
14:30 p.m. - 15:00 p.m.	Rest
15:00 p.m. - 16:00 p.m.	Sports
16:00 p.m. - 16:30 p.m.	Snacks, change & shower
16:30 p.m.	Leave hostel
16:40 p.m.	Assemble outside the academic block for roll call
17:00 p.m. - 19:00 p.m.	First study hour
19:00 p.m. - 19:45 p.m.	Dinner
20:00 p.m. - 20:30 p.m.	Phone calls as per schedule
20:30 p.m. - 21:30 p.m.	Second study hour as per schedule
21:30 p.m.	Lights out



Sunday Schedule of the Dehradun Hills Academy Boarding

Time	Event
08:00 a.m.	Wake up call
09:00 a.m. - 09:30 a.m.	Breakfast
10:00 a.m. - 13:00 p.m.	Weekend activities
13:00 p.m. - 14:00 p.m.	Lunch
14:00 p.m. - 16:00 p.m.	Rest period in hostel
16:00 p.m. - 18:00 p.m.	Sports / Tuck shop
18:00 p.m. - 19:00 p.m.	Shower & change
19:00 p.m. - 21:00 p.m.	Movie & dinner
21:00 p.m. - 22:45 p.m.	Leisure & TV
22:45 p.m. - 23:00 p.m.	Preparation for bed
23:00 p.m.	Lights out